

# PROGRAMME

## HYBRID EVENT

**April, 04, 2024, Thursday**

### **Plenary Session 14.00-16.00**

13.00 – 13.10 Welcome message: POTOP Vladimir, Chair conference

ULAREANU Marius-Viorel, Dean of the Faculty of Physical Education and Sport, President of Conference

MANU Gabriel, rector of the Ecological University of Bucharest, Honorary President of Conference

MAKOGONOV Alexander, Professor, Executive Director of International Association of Physical Education and Sport Universities, (Almaty, Kazakhstan)

14.10-14.30 **SPORT SCIENCE – TRENDS & PRIORITIES**, Dorgan Viorel

14.30-15.50 **CONTRIBUTIILE MELOTERAPIEI SI ALE DISPOZITIVELOR REZONANTE PASIVE “EMCOPAD DR TECH” IN PREVENTIA SI TRATAMENTUL STRESULUI MANAGERIAL OCUPATIONAL**, Eugen Caracas, Ion Moldovan, Marian Velcea, Ana Maria Radu, Beatrice Gherman, Vladimir Potop, Marius Ulareanu, Mihai Chetan

15.10-15.30 **PSYCHOPHYSIOLOGICAL STATES AND PHYSICAL LOAD IN ELITE ATHLETES**, Korbeynikov Georgiy, Korobeinikova Lesia, Kerimov Fikrat, Goncharova Olga

15.30-15.50 **EFFECTIVENESS OF ENHANCED VERBAL FEEDBACK IN COMPLEX MOTOR SKILL LEARNING**, Marta Nogał, Michał Biegajło, Tomasz Niżnikowski,

15.50-16.10 **EARLY DIAGNOSIS OF HEART FAILURE STATES OF THE CARDIOVASCULAR SYSTEM IN HIGH-LEVEL ATHLETES**, Baurzhan Madina

16.10-16.30 **ADAPTIVE CHANGES IN BODYBUILDERS IN CONDITIONS OF DIFFERENT ENERGY SUPPLY MODES AND INTENSITY OF TRAINING LOAD REGIMES USING MACHINE AND FREE WEIGHT EXERCISES**, Chernozub Andrii

## **Parallel Sessions Physical Education**

A COMPARATIVE STUDY OF THE LEVEL OF PHYSICAL ACTIVITY OF OVERWEIGHT AND NORMAL WEIGHT SECONDARY SCHOOL GIRLS, Eugeniu Agapii, Svetlana Savițchi, Alexandr Tîmciuc, Anișoara Nistor

TECHNOLOGY FOR PHYSICAL TRAINING OF STUDENTS SPECIALIZING IN PORTS GYMNASTICS, Anvar Eshtaev

## **Parallel Sessions Sport Performance**

MIGRATION OF ATHLETES AS THE MAIN FACTOR IN THE FORMATION OF VOLLEYBALL TEAMS, Olha Borysova, Olha Shlonska

TECHNICAL-TACTICAL PREPARATION OF ATHLETES PRACTICING FREESTYLE WRESTLING IN AN ANNUAL TRAINING CYCLE, Chiperi Petru

STRENGTH DEVELOPMENT THROUGH PLYOMETRICS IN THE TRAINING OF JUNIOR VOLLEYBALLISTS II (U16), Constantin Lavinia, Rada Larisa, Simion Gheorghe

DETERMINING THE CHARACTERISTICS OF BALANCE IN YOUNG FOOTBALL PLAYERS, Enache Robert, Potop Vladimir, Mihailescu Liviu Emanuel

NAVIGATION AND SAFETY TECHNIQUES IN KAYAKING, Babos Molnar Claudiu  
EFFICIENCY OF DISPLACEMENT OF SPEED DEVELOPMENT METHODS IN ARTISTIC GYMNASTICS, Gâju Anca, Neder Florina

THE INFLUENCE OF ACTION END ZONES ON SOCCER GAME PERFORMANCE, Frățilă Ion, Enescu George Alexandru Platini

THE IMPACT OF COMMUNICATION BETWEEN COACH AND ATHLETE ON THE TECHNICAL-TACTICAL ACTIONS OF 12-13-YEAR-OLD FOOTBALL PLAYERS, Florea Alentina-Maria, Potop Vladimir, Vișan Bogdan

PSYCHOPHYSIOLOGICAL STATES AND PHYSICAL LOAD IN ELITE ATHLETES, Korbeynikov Georgiy, Korobeinikova Lesia, Kerimov Fikrat, Goncharova Olga

FEATURES OF PHYSICAL PERFORMANCE OF FOOTBALL PLAYERS WITH DIFFERENT PROPERTIES OF THE NERVOUS SYSTEM, Lyzohub Volodymyr, Pustovalov Vitalii, Kozhemiako Tetiana, Khomenko Serhii, Liu Maksym, Shpaniuk Vitalii

FEATURES OF AUTONOMOUS REGULATION OF CARDIAC ACTIVITY IN YOUNG ATHLETES WITH JUVENILE ECG PATTERN, Mykhaliuk Yevhen, Horokhovskiy Yehor, Khoroshukha Mykhailo

AN INTEGRATIVE APPROACH OF YOUNG ATHLETES' FUNCTIONAL QUALITY EVALUATION, Kulbaev A.T., Baurzhan M.B., Ten A.V., Sagandykova N.S.

THE SPECIFIC PHYSICAL TRAINING OF YOUNG BOXERS, Iorgu Mihai, Jurat Valeriu, Ulareanu Marius Viorel, Potop Vladimir

BIOMECHANICAL ANALYSIS OF THE BALANCE BEAM ELEMENTS IN YOUNG GYMNASTS, Petran Denis, Potop Vladimir, Toma Geanina

THE SOMATIC CHARACTERISTICS OF JUNIOR FENCERS, Pavel Liviu Paul

PHYSICAL TRAINING IN SWORDSMANSHIP, WITH 10–11-YEAR-OLD CHILDREN, Popa Simona Georgiana

CALCIUM AS AN INFORMATIVE MARKER FOR ASSESSING THE COMPENSATORY BODY REACTIONS OF ATHLETES IN MIXED MARTIAL ARTS, Savenko Andrii, Shtefiuk Ivan, Zavizion Oleksandr, Hryhoriev Vladyslav, Manolachi Victor, Aloshyna Alla, Chernozub Andrii

GENDER-SPECIFIC CONSIDERATIONS IN FORMULATING TRAINING AND COMPETITION REGIMENS FOR ELITE FEMALE ATHLETES: INSIGHTS FROM LITERATURE ANALYSIS AND EXPERT OPINION, Viktoriia Nagorna, Olha Borysova, Artur Mytko, Silvio Lorenzetti

### **Parallel Sessions Physical Therapy and Recovery**

CONTRIBUTIILE MELOTERAPIEI SI ALE DISPOZITIVELOR REZONANTE PASIVE “EMCOPAD DR TECH” IN PREVENTIA SI TRATAMENTUL STRESULUI MANAGERIAL OCUPATIONAL, Eugen Caracas, Ion Moldovan, Marian Velcea, Ana Maria Radu, Beatrice Gherman, Vladimir Potop, Marius Ulareanu, Mihai Chetan

INTEGRATION OF FASCIAL MOBILISATION TECHNIQUES IN PHYSIOTHERAPY PRACTICE FOR THE REHABILITATION PEOPLE WITH LOW BACK PAIN, Marina Cucu, Alexandra Aiftimie, Alexandr Tîmciuc, Anișoara Nistor

THE ROLE OF KINESIOTHERAPY AND DIET IN OLDER PEOPLE, Slăvilă Mircea, Liciu Loredana Nicoleta

ENDOSCOPIC VERSUS MINI OPEN CARPAL TUNNEL RELEASE, Stănescu Marius, Zubaci Radu, Nițan Ovidiu, Preda Mircea

PHYSIOTHERAPY OF THE KNEE WITH ENDOPROSTHESIS: CHALLENGES AND SOLUTIONS, Rusnac Felicia

EFFECTIVE STRATEGIES FOR PLANNING PHYSICAL EDUCATION ACTIVITIES THROUGH PHYSIOTHERAPY MEANS FOR PRESCHOOLERS WITH INFANTILE CEREBRAL PALSY, Svetlana Savițchi, Eugeniu Agapii, Oxana Darii, Anișoara Nistor

### **Parallel Sessions Varia**

IMPLEMENTATION OF TECHNICAL TRAINING MEANS AS A FORM OF ACCELERATING THE LEARNING PROCESS OF PHYSICAL EXERCISES, Arsene Igor, Bunescu Vadim, Lungu Ecaterina

INDIVIDUAL AND GENERAL MECHANISMS OF ADAPTATION TO PHYSICAL LOADS WITH REVERSAL, Bosenko Anatolii, Mykhaliuk Yevhen, Khoroshukha Mykhailo, Horokhovskiy Yehor

PECULIARITIES OF CHANGES IN BODY COMPOSITION INDICATORS IN STUDENTS WITH HYPOKINESIA IN CONDITIONS OF POWER FITNESS TRAINING, Koval Vadym, Shizhko Yuliia, Tkhoreva Inna, Husieva Iryna, Derliuk Oleksandr, Tymochko Oleksandr

CONTINUOUS EDUCATION OF SPECIALISTS IN THE FRAMEWORK OF HYBRID EDUCATION - INVESTIGATIVE APPROACH, Lungu Adrian Constantin

THE INFLUENCE OF NUTRITION, HYDRATION, AND RECOVERY ON SOMATIC AND PSYCHOMOTOR DEVELOPMENT IN STUDENTS FROM THE SCHOOL'S MINI HANDBALL TEAM, Angelica Moroşanu

STAGES OF MOTOR SKILL TESTING IN FUTURE MILITARY INSTITUTION CANDIDATES, Paşcan Cristina Daniela

ASPECTS OF MOUNTAIN HIKING AND THE EFFECTS ON HEALTH, Neder Florina  
THE IMPACT OF SPORTS TOURISM ON THE DEVELOPMENT OF INBOUND TOURISM IN THE REPUBLIC OF MOLDOVA, Onoi Mihail, Nastas Natalia

ASSESSMENT OF THE LEVEL OF BODY RESISTANCE OF ADOLESCENT ATHLETES TO DIFFERENT LOADS IN BODYBUILDING, Pahulych Oleh, Syvokhop Eduard, Marionda Ivan, Manolachi Veaceslav, Hlukhov Ivan, Abramov Karen, Kovach Shandor

DYNAMICS OF ADAPTIVE CAPABILITIES OF FEMALE STUDENTS WITH VARIOUS LEVELS OF PHYSICAL ACTIVITY DURING OVARIAN-MENSTRUAL CYCLE, Orlyk Nadiia, Bosenko Anatolii, Topchii Mariia, Osypenko Kateryna, Mazhylovska Kristina

CORRELATION STUDIES BETWEEN HAND-TO-HAND COMBAT TRAINING AND PHYSICAL TRAINING OF SPECIAL FORCES UNIT STAFF FROM ROMANIA SIMILAR TO THOSE OF EU AND NATO PARTNERS, Todirita Bogdan-Alexandru

THE TOP 100 CITED ARTICLES IN SPORT ANXIETY METRICS: A CITATION ANALYSIS, Trandafirescu Elena-Andreea, Potop Vladimir, Mihaila Ion, Mihai Ilie, Fleancu Julien Leonard, Trandafirescu Gabriel